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Outpatient Physical Therapy Referral

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Date _____

Name _____ DOB _____

Home Number _____ Work Number _____ Cell _____

- Evaluation and treat per therapist discretion
- Specific Instructions/Diagnostic test results/Precautions: _____

- Evaluate and discuss treatment plan
- Frequency/Duration _____ Date of onset _____

DIAGNOSIS / ICD 10 CODES

Genitourinary Disorders

- Cystocele N81.10
- Enterocele N81.5
- Rectocele N81.6
- Uterine prolapse N81.4
- Fecal incontinence R15.0
- Female/male stress incontinence N39.3
- Mixed Incontinence N39.6
- Urge Incontinence N39.41
- Nocturnal Enuresis N39.44
- Overactive Bladder N32.81
- Urinary Retention R33.9
- Neurogenic Bladder N31.9
- Constipation K59.0

Pelvic Muscle Dysfunctions

- Muscular incoordination R27.8
- Myalgia/Vaginal R10.2
- Myalgia/Rectal K62.89
- Muscle spasm M62.83
- Muscle weakness N81.84

Pelvic Pain

- Dyspareunia, female N94.1
- Interstitial cystitis N30.1
- Lower Abdominal pain R10.30
- Painful/Adherent scar L90.5
- Pelvic and Perineal pain R10.2
- Vulvodynia/Vestibulitis N94.819
- Vaginismus N94.2
- Proctalgia Fugax/Anal Spasm K59.4

- Levator Ani Muscle Spasm M62.838

Prenatal and Postpartum Conditions

- Diastasis Recti M62.00
- Pubic Symphysis Dysfunction M99.05
- Sacroiliac Joint Pain M53.2X7
- Coccydynia M53.3
- Low Back Pain M54.5
- Sciatica M54.30
- Hip Joint Pain M25.559
- Thoracic Pain M54.6

Breast Cancer/Lymphedema

- Lymphedema I89.0
- Secondary Lymphedema I89.0
- Shoulder Pain M25.51
- Post Mastectomy Syndrome I97.2

General Orthopedic

- Cervical pain M54.2
- Thoracic pain M54.6
- Lumbar Pain M54.5
- Pain in Joint involving _____
- Stiffness in Joint involving _____
- Post Op Total Joint Replacement _____
- Muscle Sprain _____
- Bursitis _____
- Tendonitis _____
- _____

Physician's Printed Name _____ Phone number _____

Physician's Signature _____ Date _____